

Dance Anatomy

Instructor	Dr. David Outevsky
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Virtual Office Hours	TBD
Learning resources:	Readings will be available through the website upon registration.
Course description	Students will engage in the examination and exploration of anatomical knowledge and its relationship to dance. The purpose of this study is to understand the main anatomical structures of the body such as bones, muscles, tendons, and ligaments. It is aimed to get student to become familiar with anatomical terminology for use in kinesiological analysis.
Course learning outcomes	 The specific learning objectives of the course are that students will be able to: Understand skeletal structures and classifications Recognize basic connective tissue types and joints Become familiar with the main muscle groups and anatomical terminology Understand the main purpose of body structures Appreciate the relationship of anatomy to dance
Course schedule	Week 1 – Course introduction and terminology Week 2 – Bones, tendons, ligaments Week 3 – Joint types Week 4 – Exam 1 Week 5 – The vertebral column Week 6 – Shoulder and arm Week 7 – Hip and thigh Week 8 – Exam 2 Week 9 – The knee Week 10 – The leg Week 11 – The ankle and foot Week 12 – Final Exam

Assessment	Exam 1:
components	Value: 30%
	Due date: Week 4
	Type: Multiple choice and short answer
	Exam 2:
	Value: 30%
	Due date: Week 7
	Type: Multiple choice and short answer
	Exam 3:
	Value: 30%
	Due date: Week 12
	Type: Multiple choice and short answer
	Pop up quizzes:
	Value: 5 % each (10% overall)
	Due date: TBD
	Type: Short answer quiz